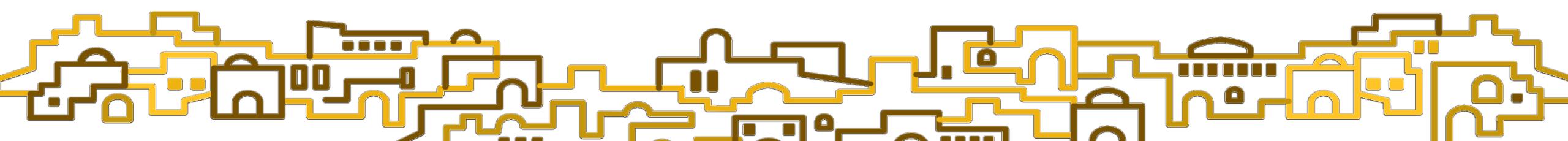


## Opening Adoration

Blessed be He Who spoke and the world came into being ... blessed be He. Blessed is He Who maintains creation; blessed is He Who speaks and does; blessed is He Who decrees and fulfills; blessed is He Who has mercy on the earth; blessed is He Who has mercy on creatures; blessed is He Who gives goodly reward to those who fear Him;

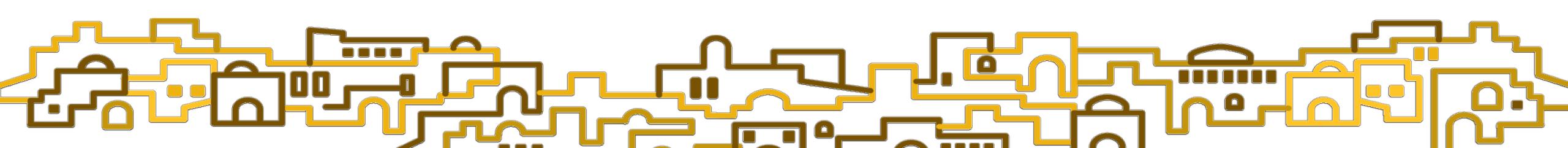
blessed is He Who lives forever and endures to eternity; blessed is He Who redeems and rescues ... blessed is His Name! Blessed are You, יהוה, our Elohim, King of the Universe, the Elohim, the merciful Father, Who is praised by the mouth of His people, praised and glorified by the tongues of His devout ones and His servants. We shall laud You, הוה, our Elohim, with praises and songs!



### Psalm 100

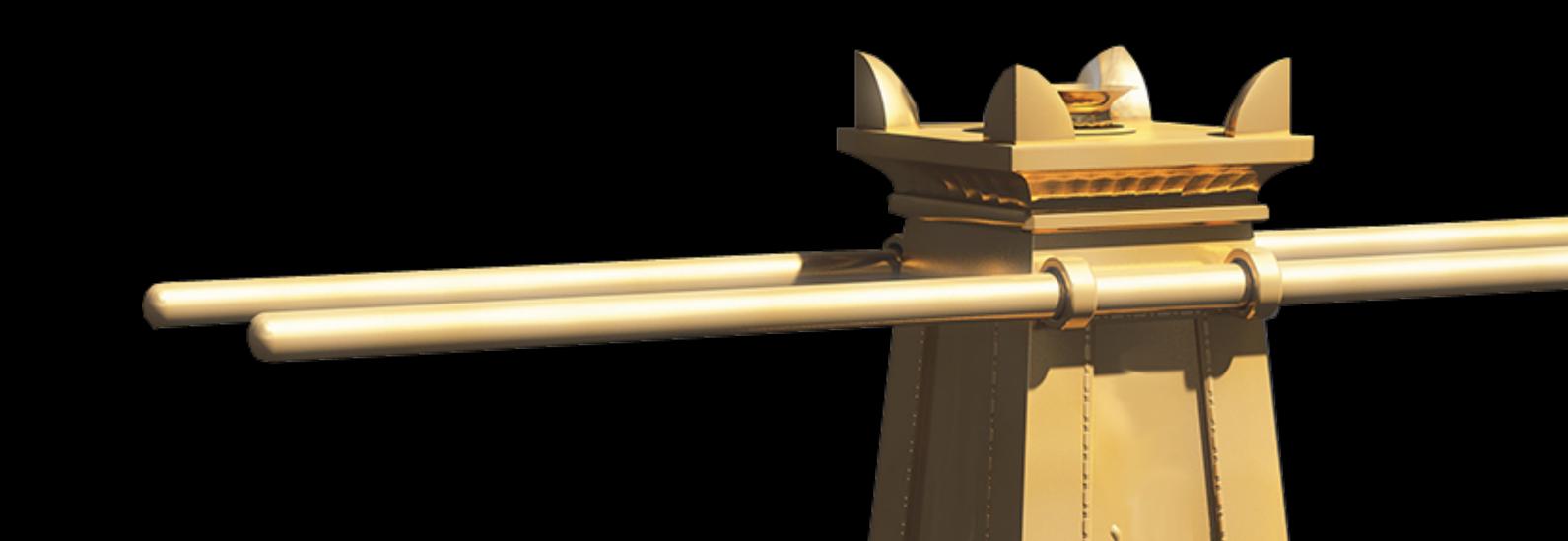
A Psalm For Thanksgiving! Shout joyfully to יהוה, all the earth! Serve יהוה with gladness. Come before Him with joyful singing. Know that הוה Himself is Elohim; It is He Who has made us, and not we ourselves. We are His people and the sheep of His pasture.

Enter His gates with thanksgiving and His courts with praise. Give thanks to Him, bless His Name. For יהוה is good. His loving kindness is everlasting and His faithfulness to all generations!



# PRAYER OF THANKSGIVING

TODA RABA!



## Llft Your Head You Weary Sinner

By Crowder

Lift your head weary sinner, the river's just ahead Down the path of forgiveness, salvation's waiting there You built a mighty fortress 10, 000 burdens high Love is here to lift you up, here to lift you high

If you're lost and wandering
Come stumbling in like a prodigal child
See the walls start crumbling
Let the gates of glory open wide

All who've strayed and walked away, unspeakable things you've done

Fix your eyes on the mountain, let the past be dead and gone

Come all saints and sinners, you can't outrun God Whatever you've done can't overcome the power of the blood

If you're lost and wandering
Come stumbling in like a prodigal child
See the walls start crumbling
Let the gates of glory open wide

If you're lost and wrecked again
Come stumbling in like a prodigal child
See the walls start crumbling
Let the gates of glory be open wide

Lost and wandering
Come stumbling in like a prodigal child
See the walls start crumbling
Let the gates of glory open wide

If you're lost and wrecked again
Come stumbling in like a prodigal child
See the walls start crumbling
Let the gates of glory be open wide
Let the gates of glory be open wide
Let the gates of glory be open wide

## The Returning

By Gary Moore

Verse 1

In the morning hour ... I feel a power That moves me ... I've been found Gotta get my feet on the ground In Israel ... In Israel

An ancient calling from afar
That draws me, I hear the sound
Gotta get my feet on the ground
In Israel ... In Israel

Bridge

Sound the great shofar for our freedom
Gather all our exiles
Cast among the four winds

I listen fast ... with ears that hear The calling ... the time is now Gotta get my feet on the ground In Israel ... In Israel

Redeemed of the LORD
Shall return to Zion
With singing, where no sorrow's found
Gotta get our feet on the ground
In Israel ... In Israel

Bridge

Sound the great shofar for our freedom
Gather all our exiles
Cast among the four winds

In the morning hour ... I feel a power That moves me ... I've been found Gotta get my feet on the ground In Israel ... In Israel In Israel ... In Israel

## Days of Elijah

By: Robin Mark

These are the days of Elijah Declaring the word of the Lord And these are the days of your servant Moses Righteousness being restored And though these are days of great trial Of famine and darkness and sword Still, we are the voice in the desert crying Prepare ye the way of the Lord

Behold He comes riding on the clouds Shining like the sun at the trumpet call Lift your voice, it's the year of jubilee And out of Zion's hill salvation comes

And these are the days of Ezekiel The dry bones becoming as flesh And these are the days of your servant David Rebuilding a temple of praise And these are the days of the harvest Oh, the fields are as white in Your world And we are the laborers in Your vineyard Declaring the word of the Lord

Behold He comes riding on the clouds Shining like the sun at the trumpet call Lift your voice, it's the year of jubilee And out of Zion's hill salvation comes There is no God like Jehovah There is no God like Jehovah

Behold He comes riding on the clouds Shining like the sun at the trumpet call Lift your voice, it's the year of jubilee And out of Zion's hill salvation comes Behold He comes riding on the clouds Shining like the sun at the trumpet call Lift your voice, it's the year of jubilee And out of Zion's hill salvation comes

### Mizmor Shir

By: Shlomo Carlebach

Verse 1

Mizmor mizmor shir shir l'yom ha Shabbat Mizmor mizmor shir shir l'yom ha Shabbat (Repeat)

Chorus

Mizmor shir ... shir l'yom ha Shabbat Mizmor shir ... shir l'yom ha Shabbat

The whole world is waiting to sing the song of Shabbat The whole world is waiting to sing the song of Shabbat (Repeat)

Chorus 2

And I am also waiting to sing the song of Shabbat I am also waiting to sing the song of Shabbat

Mizmor mizmor shir shir l'yom ha Shabbat Mizmor mizmor shir shir l'yom ha Shabbat (Repeat)

Chorus

Mizmor shir ... shir l'yom ha Shabbat Mizmor shir ... shir l'yom ha Shabbat

The whole world is waiting to sing the song of Shabbat The whole world is waiting to sing the song of Shabbat (Repeat)

Chorus 2

And I am also waiting to sing the song of Shabbat I am also waiting to sing the song of Shabbat

Mizmor mizmor shir shir l'yom ha Shabbat Mizmor mizmor shir shir l'yom ha Shabbat (Repeat to End)

## My Savior Did

(by Gary Moore)

(Verse 1)

My Savior walked across the water - O yes He did

My Savior calmed the raging seas - O yes He did

My Savior rose from the dead O yes He did
My Savior Did

## And when I die - I'll go down with Yeshua

And when I rise I'll shout Halleujah
Halleujah
(repeat)

(Verse 2)
My Savior healed the blind O yes He did

My Savior turned water into wine O yes He did
My Savior came for His Bride O yes He did
My Savior Did

## And when I die - I'll go down with Yeshua

And when I rise I'll shout Halleujah
Halleujah
(repeat)

(Verse 3)

My Savior died upon a tree - O yes He did

My Savior died in place of me - O yes He did

My Savior raises up the dead O yes He did
My Savior Did

## And when I die - I'll go down with Yeshua

And when I rise I'll shout Halleujah
Halleujah
(repeat)

### You Came

By Gary Moore

Verse 1

You came into a world that was crying You came the groom for Your bride You came into a world that was dying You came to give us eternal life

### Bridge

And if I should life forever
Or die this very day
I could never ever
begin to repay You
For the things You did that day

### Chorus

Yeshua ... Yes You are my Redeemer Yeshua ... You came to rescue me Yeshua ... I love You now and forever Yeshua ... You are my Holy King

### Verse 2

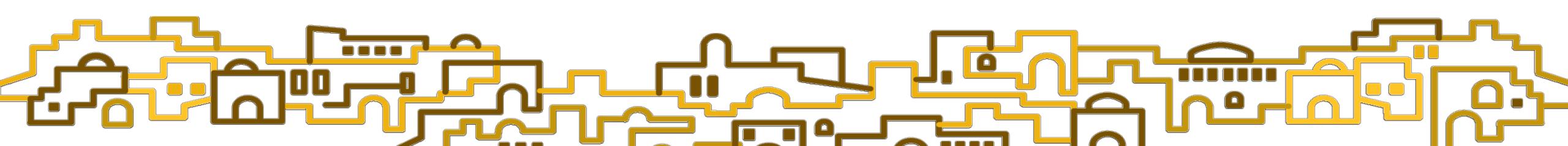
You came to us in perfect innocence You came to do Your Father's will You came to show us the ways of the Torah You came by example to fulfill

### Bridge

And if I should life forever
Or die this very day
I could never ever
begin to repay You
For the things You did that day

### Chorus

Yeshua ... Yes You are my Redeemer Yeshua ... You came to rescue me Yeshua ... I love You now and forever Yeshua ... You are my Holy King James 5:14 Is anyone among you sick? *Then* he must call for the elders of the assembly and they are to pray over him, anointing him with oil in the name of Yahuah; 15 and the prayer offered in faith will restore the one who is sick, and Yahuah will raise him up, and if he has committed sins, they will be forgiven him. 16 Therefore, confess your sins to one another, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much.



### Children's Blessing

Hineh mah tov umah na'im shevet achim gam yachad (2X)

Hineh mah tov (Hineh mah tov) lai, lai, lai, lai, lai, lai, lai, lai (2X)

Behold how good and pleasant it is for brothers to dwell together (2X) in unity (in unity) lai, lai, lai, lai, lai, lai, lai, lai (2X)

### Oseh Shalom

May He who makes peace in His heights, make peace upon us and upon all Israel.

Oseh shalom bimro-mav hu ya'aseh shalom

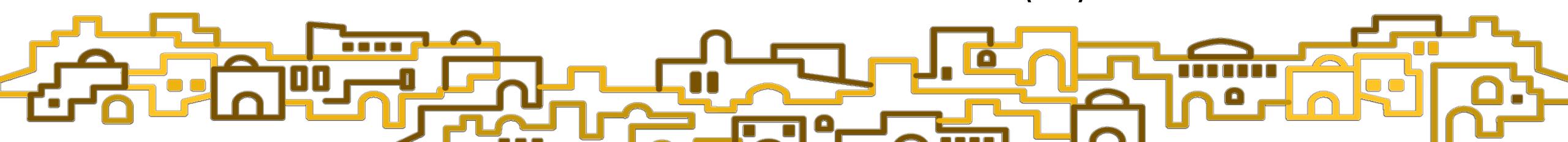
aleinu V'al kol Israel V'imru imru amen. (x2)

Ya'aseh shalom ya'aseh shalom,

shalom aleinu V'al kol Israel. (x2)

Ya'aseh shalom ya'aseh shalom,

shalom aleinu V'al kol Israel. (x2)



# Sh'ma Yisrael The Elohaynu The Echad.

Barukh Shem k'vod Malkhuto L'olam Va-ed

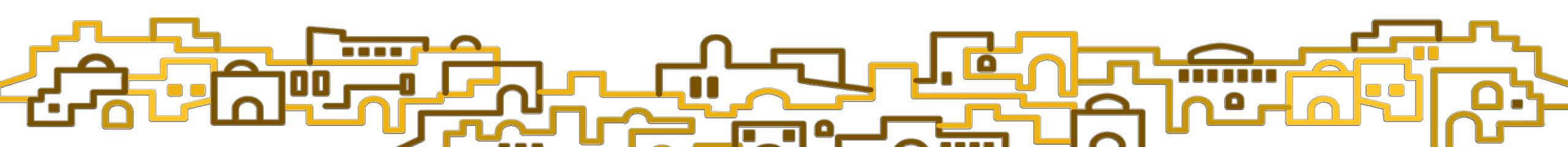
## Hear, O Israel! The is our Elohim, is One!

Blessed is the Name of His Glorious Kingdom For all Eternity.

### V'Haftah

You shall love 1717, your Elohim, with all your heart, with all your soul, and with all your resources. Let these matters that I command you today be upon your heart. Teach them thoroughly to your children and speak of them while you sit in your home, while you walk on the way, when you retire, and when

Bind them as a sign upon your arm and let them be tefillin between your eyes. And write them on the doorposts of your house and upon your gates.... And you shall love your neighbor as yourself.





### Psalms

### Psalms 119

- 19I am a sojourner in the earth; Do not hide Your commands from me.
- 20My being is crushed with longing For Your right-rulings at all times.
- 21 You rebuked the proud, cursed ones, Who are straying from Your commands.
- 22Remove from me reproach and scorn, For I have observed Your witnesses.
- 23Though princes sat, speaking against me, Your servant meditates on Your laws.
- 24Your witnesses also are my delight, My counsellors.
- 25My being has been clinging to the dust; Revive me according to Your word.
- 261 have recounted my ways and You answered me; Teach me Your laws.
- 27Make me understand the way of Your orders; That I might meditate on Your wonders.
- 28My being has wept from grief; Strengthen me according to Your word.

### Proverbs

### Proverbs 8

- 14"Counsel is mine, and sound wisdom; I am understanding, mightiness is mine.
- 15"By me sovereigns reign, And rulers make righteous decrees.
- 16"By me princes rule, and nobles, All the judges of the earth.
- 17"I love those who love me, And those who earnestly seek me do find me.
- 18"Riches and esteem are with me, Enduring wealth and righteousness.
- 19"My fruit is better than gold and fine gold, And my increase than choice silver.
- 20"I walk in the way of righteousness, In the midst of the paths of right-ruling,

### ORILIE E



Subscribe

Say hello...
...leave a comment!



### LIVINGMESSIAH.COM ANNOUNCEMENTS















Search bible...





### Welcome

Welcome to Living Messiah Ministries, located in Mesa, Arizona. We are building community from a Hebraic understanding while acknowledging the redemptive and reconciling work of Yahushua Ha Mashiach (Jesus The Messiah).





Shabbat Gathering at

### The Greenhouse Trolley Hobby Farm

HEREFORD, ARIZONA



Shabbat Gathering at VANCOUVER ISLAND

VANCOUVERISLAND, BC

# TUESDAY NIGHT BIBLE STUDY

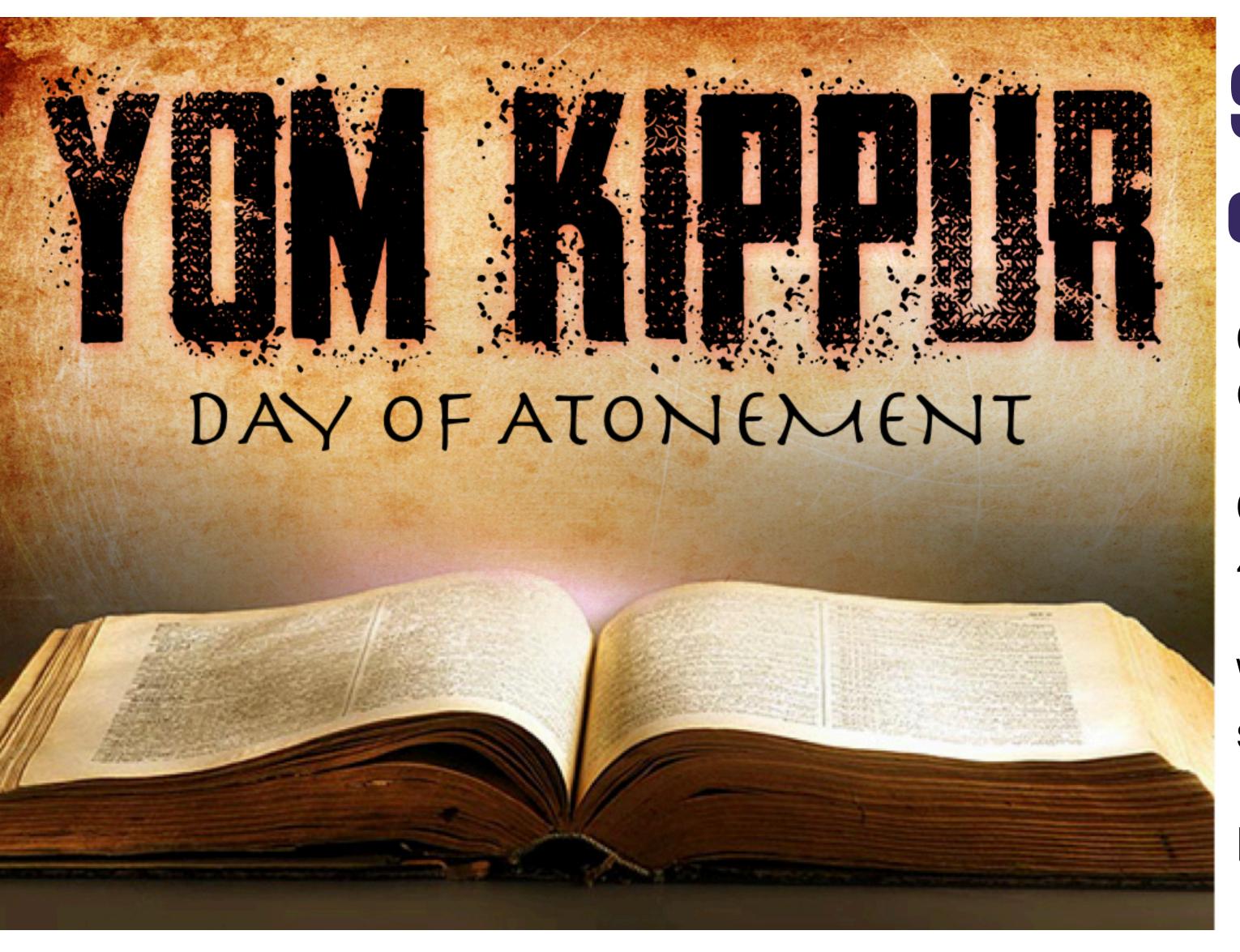


### YON TERUAH



# SERVICE MONDAY SEPT 22nd 6:00 pm

We are planning a Soup and Salad Community Dinner-Bring a soup, salad or dessert to share Remember to bring your shofar



### SERVICE OCTOBER 2nd

Call for a community fast sundown October 1st - sundown October 2nd

Community Gathering Service 4-6 pm

We will break the fast together after service

Bring Deli Bar items to share



Sukkot 2025 - Begins evening of Monday October 6th -Tuesday Eve October 14th Begin preparing to attend -Registration Fees -\$100 - family or household of 2 or more \$50 - single person Registration is open

## 40 Days of Repentance

### Dates are here



Freshly harvested dates have arrived from Yuma AZ





### Registration

Filling out the registration form is only available on line. If you can not do that then contact one of the elders and we will fill it out for you.

Begin Registration Steps ▶

Thank you for your support, your prayers and your contributions.





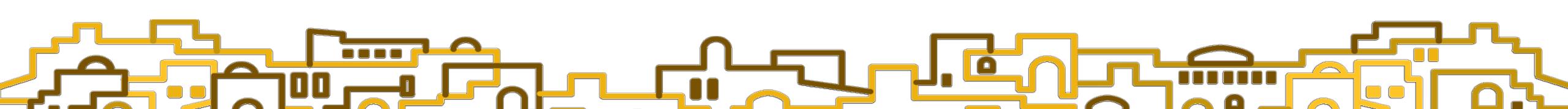








There is none like You among the Elohims, my Master, and there is nothing like Your works. Your kingdom is a kingdom spanning all eternities, and Your dominion is throughout every generation. Yahuah reigns, Yahuah has reigned, Yahuah shall reign for all eternity. Yahuah will give might to His people; Yahuah will bless His people with peace. Father of compassion, do good with Zion according to Your will; rebuild the walls of Jerusalem. For we trust in You alone, O King, Elohim, exalted and uplifted, Master of worlds. When the Ark would travel, Moses would say, 'Arise, Yahuah, and let Your enemies be scattered, let those who hate You flee from You.' For from Zion the Torah will come forth and the word of Yahuah from Jerusalem. Blessed is He Who gave the Torah to His people Israel in His holiness.





### Eitz Chaim

Proverbs 3:17-18; Lamentations 5:21

Eitz chaim hi lama-chazi-kim ba Veto-o-me-che-yah me-e-u-ushar Dera-a-che-e-yah darche no-o-am Vechol netivoteiyah sha-a-a-a-lom

Ha-a-shi-i-veinu **1111** e-e-le-echa Ve-na-shu-va Chadeish chadeish yame-e~nu

Chadeish yame-e-nu ke-ke-e-dem

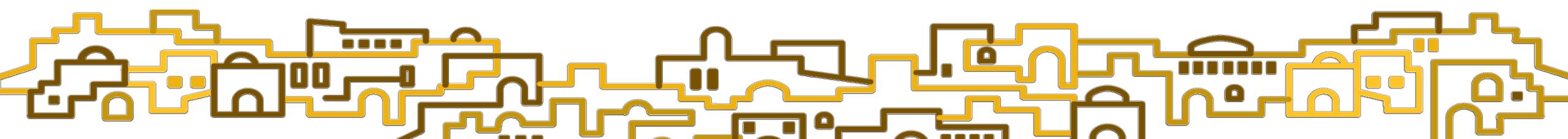
### Eitz Chaim

Proverbs 3:17-18; Lamentations 5:21

It is a tree of life to those who grasp it
And those who support it are blessed
Its ways are pleasant ways
And all its paths are peace

Cause us to return to You **1111**And we shall return

Renew our days as of old





### Lyrics, Liturgy and Teaching

2025 Sep 13

Exodus 1 & 2

PDF Download

### ome

W. J. Livii Messiah Ministries,
J. d in Mesa, Arizona. We are building
Community from a Hebraic understanding
While acknowledging the redemptive and
Teconciling work of Yahushua Ha Mashiach



# Strength From Oppression

### EXCUUS ONE & TWO



- And these are the names of the children of Yisra'ĕl who came to Mitsrayim with Ya'aqob, each one with his household:
- 2Re'uben, Shim'on, Lewi, and Yehudah;
- 3Yissaskar, Zebulun, and Binyamin;
- 4Dan and Naphtali, Gad and Asher.
- 5And all those who were descendants of Ya'aqob were seventy beings, as Yoseph was already in Mitsrayim.



- 6And Yoseph died, and all his brothers, and all that generation.
- 7And the children of Yisra'ĕl bore fruit and increased very much, multiplied and became very strong, and the land was filled with them.
- 8Then a new sovereign arose over Mitsrayim, who did not know Yoseph,
- and he said to his people, "See, the people of the children of Yisra'el are more and stronger than we,
- 10come, let us act wisely towards them, lest they increase, and it shall be when fighting befalls us, that they shall join our enemies and fight against us, and shall go up out of the land."

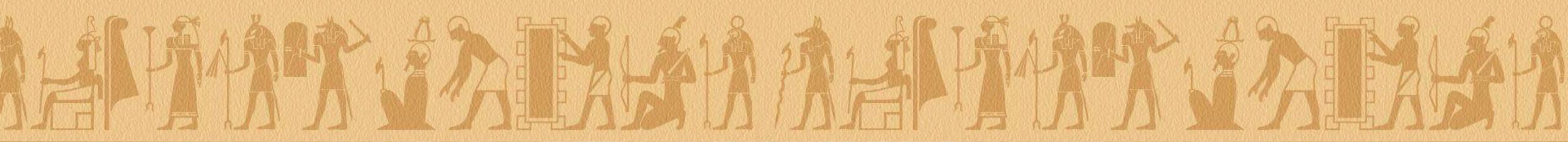
- 11So they set slave-masters over them to afflict them with their burdens, and they built for Pharaoh supply cities, Pithom and Ra'amses.
- 12But the more they afflicted them, the more they increased and grew, and they were in dread of the children of Yisra'ĕl.
- 13And the Mitsrites made the children of Yisra'ĕl serve with harshness,
- 14and they made their lives bitter with hard bondage, in mortar, and in brick, and in all kinds of work in the field, all their work which they made them do was with harshness.

- 15Then the sovereign of Mitsrayim spoke to the Hebrew midwives, of whom the name of one was Shiphrah and the name of the other Pu'ah,
- 16and he said, "When you deliver the Hebrew women, and see them on the birthstools, if it is a son, then you shall put him to death, but if it is a daughter, then she shall live."
- 17But the midwives feared Elohim, and did not do as the sovereign of Mitsrayim commanded them, and kept the male children alive.
- 18So the sovereign of Mitsrayim called for the midwives and said to them, "Why have you done this, and kept the male children alive?"

- 19And the midwives said to Pharaoh, "Because the Hebrew women are not like the Mitsrite women. For they are lively and give birth before the midwives come to them."
- 20So Elohim was good to the midwives, and the people increased and became very numerous.
- 21And it came to be, because the midwives feared Elohim, that He provided households for them.
- 22And Pharaoh commanded all his people, saying, "Throw every son who is born into the river, and keep alive every daughter."



- 1 And a man of the house of Lewi went and married a daughter of Lewi.
- 2And the woman conceived and bore a son. And she saw that he was a lovely child, and she hid him three months.
- 3And when she could hide him no longer, she took an ark of wicker for him, and coated it with tar and pitch, and put the child in it, and laid it in the reeds by the edge of the river.
- 4And his sister stood at a distance, to know what would be done to him.



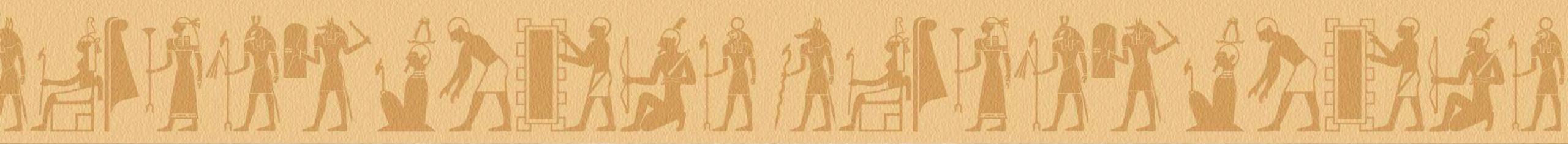
- 5And the daughter of Pharaoh came down to wash herself at the river, and her young women were walking by the river-side. And when she saw the ark among the reeds, she sent her female servant to get it,
- 6and opened it and saw the child, and see, the baby wept. So she had compassion on him, and said, "This is one of the children of the Hebrews."
- 7And his sister said to Pharaoh's daughter, "Shall I go and call a nurse for you from the Hebrew women to nurse the child for you?"
- 8And Pharaoh's daughter said to her, "Go." And the girl went and called the child's mother.

- 9And Pharaoh's daughter said to her, "Take this child away and nurse him for me, then I shall pay your wages." So the woman took the child and nursed him.
- 10And the child grew, and she brought him to Pharaoh's daughter, and he became her son. And she called his name Mosheh, saying, "Because I have drawn him out of the water."
- 11 And in those days it came to be, when Mosheh was grown, that he went out to his brothers and looked at their burdens. And he saw a Mitsrite beating a Hebrew, one of his brothers.
- 12So he turned this way and that way, and when he saw no one, he smote the Mitsrite and hid him in the sand.

- 13And he went out the second day and saw two Hebrew men fighting, and he said to the one who did the wrong, "Why do you smite your neighbour?"
- 14And he said, "Who made you a head and a judge over us? Do you intend to slay me as you slew the Mitsrite?" And Mosheh feared and said, "Truly, the matter is known!"
- 15And Pharaoh heard of this matter, and he sought to kill Mosheh. But Mosheh fled from the face of Pharaoh and dwelt in the land of Midyan. And he sat down by a well.
- 16And the priest of Midyan had seven daughters. And they came and drew water, and they filled the troughs to water their father's flock,

- 17but the shepherds came and drove them away. Then Mosheh stood up and came to their rescue, and watered their flock.
- 18And they came to Re'uw'ĕl their father, and he said, "How is it that you have come so soon today?"
- 19And they said, "A Mitsrite rescued us from the hand of the shepherds, and he also drew enough water for us and watered the flock."
- 20And he said to his daughters, "And where is he? Why did you leave the man? Call him and let him eat bread."
- 21And Mosheh agreed to dwell with the man, and he gave Tsipporah his daughter to Mosheh.

- 22And she bore him a son, and he called his name Gĕreshom, for he said, "I have become a sojourner in a foreign land."
- 23And it came to be after these many days that the sovereign of Mitsrayim died. And the children of Yisra'ĕl groaned because of the slavery, and they cried out. And their cry came up to Elohim because of the slavery.
- 24And Elohim heard their groaning, and Elohim remembered His covenant with Abraham, with Yitshaq, and with Ya'aqob.
- 25And Elohim looked on the children of Yisra'el, and Elohim knew!



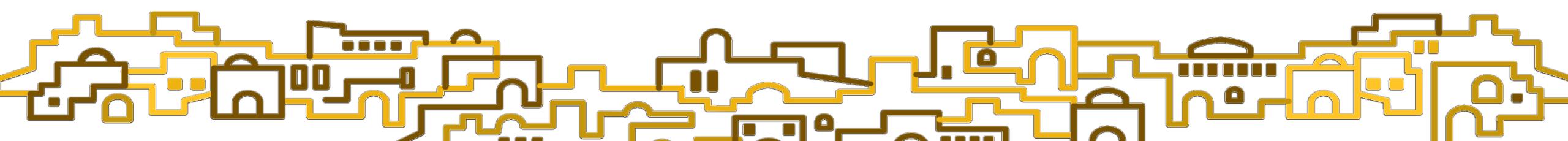
# Strength From Oppression

## EXCUUS ONE & TWO



## Welcome

Bienvenido

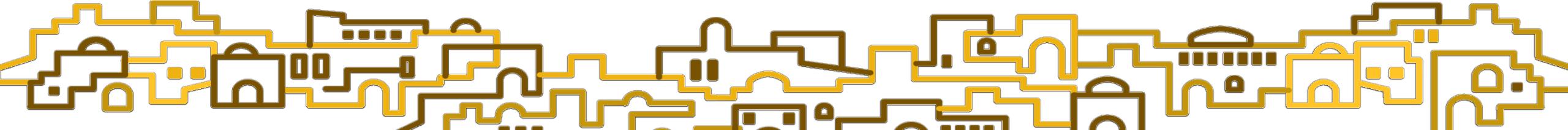


Unless noted otherwise all text in English will be from ISR, NASB or NETS. Hebrew text is from HMT-W4 and Greek is LXX1 and GNT Textus Receptus.

### What will we talk about today?

#### Fair Use Policy and Legal Disclaimer

This site may contain copyright material the use of which his not always been specifically authorized by the copyright owner. In accordance with our biblically based educational mission," are making such materials available to advance understanding of the Torah, Psalms, Prophets, Second Temple Literature, and the B'rit Chadashah (New Testament). We believe this constitutes "fair use" of any such copyrighted material as provided in Section 107 of the US Copyright Law. In accordance with Title 17 Section U.S.C. 107, the material on this site is distributed without profit to those who have expressed a prior interest in receiving the included information for research and educational purposes. For further information on fair use, go to: https://www.law.comell.edu/uscode/text/17/107



## EMERIUS<

11 So they appointed taskmasters over them to **afflict** them with hard labor. And they built for Pharaoh storage cities, Pithom and Raamses.

1652 עָנָה (ʿānâ) III, afflict, oppress, humble.

It sets forth what Egypt did to Israel (Ex 1:11–12; this was more than slavery). In Num 24:24 and Judges it describes the physical pain brought by war. TWOT

2559. κακόω; kakoō, kakō: future kakōsō; 1 aorist ekakōsa; (kakos);

- 1. to oppress, afflict, harm, **maltreat**: tina, Acts 7:6,19; 12:1; 18:10; 1 Pet. 3:13 (Exo. 5:22; 23:9 Alexandrian LXX; in Greek writings from Homer down).
- 2. by a usage foreign to the classics, to embitter. Thayer



5013. ταπεινόω; tapeinoō, tapeinō; to make low, bring low (Vulgate humilio); a. properly: oros, bounon, i.e. to level, reduce to a plain, passive, Luke 3:5 from Isa. 40:4. b. metaphorically, to bring into it humble condition, reduce to meaner circumstances; i.e. α. to assign a lower rank or place to; to abase; tina, passive, to be ranked below others who are honored or rewarded (R.V. to humble): to humble or abase myself, by frugal living, 2 Cor. 11:7; in the passive of one who submits to want, Phil. 4:12; heauton, of one who stoops to the condition of s servant, Phil. 2:8. c. to lower, depress (English humble): tina, one's soul, bring down one's pride; emauton, to have a modest opinion of oneself, to behave in an unassuming manner devoid of all haughtiness, to confess and deplore one's spiritual littleness and unworthiness, he afflicted his soul, of persons fasting, to disturb, distress, the soul of one, to submit oneself in a lowly spirit to the power and will of God, equivalent to to put to the blush, 2 Cor. 12:21. Thayer



12 But the more they afflicted them, the more they multiplied and the more they **spread** out, so that they were in dread of the sons of Israel.

1826 אָבְ (pāraṣ) I, break (through, down, over), burst.

#### 2480. ἰσχύω; ischuō;

- 1. to be strong in body, to be robust, to be in sound health: *hoi ischuontes*, as a substantive, Matt. 9:12; Mark 2:17 (Sophocles Tr. 234; Xenophon, Cyril 6, 1, 24; joined with *hugiainein*, id. mem. 2, 7, 7).
- 2. to have power, i.e. a. to have a power evinced in extraordinary deeds, i.e. to exert, wield, power: so of the gospel, Acts 19:20; Hebraistically, to have strength to overcome: *ouk ischusan* (A.V. prevailed not i.e.) succumbed, were conquered (so  $lo^{3}y\bar{a}kol$ , Gen. 32:26 (25)), Rev. 12:8; *kata tinos*, against one, i.e. to use one's strength against one, to treat him with violence, Acts 19:16. b. equivalent to to be of force, avail (German gelten): Heb. 9:17; *ti*, Gal. 5:6, and Rec. in Gal. 6:15. c. to be serviceable: Thayer



#### Strength in Oppression

Is 43:2 "When you pass through the waters, I will be with you; And through the rivers, they will not overflow you. When you walk through the fire, you will not be scorched, Nor will the flame burn you.

#### Strength in Oppression

Oppression derives its strength from its ability to divide and hide, affecting various groups including women, racial minorities, and religious individuals.

It manifests as a burdensome weight on the mind, resulting in tormenting spirits of cruelty, of the leaving the oppressed unable to function normally or explain their actions.

Liberation theologians argue that oppression stems from racial, sexual, political, and economic exploitation, leading to dehumanization.



The concept of "conscienticization" is proposed as a process to liberate the oppressed from internalized oppressor mentalities.

Biblical perspectives on oppression are evident throughout scripture, with recent translations emphasizing its social and political impact.

Some theological interpretations suggest that ending oppression is linked to the coming of a messianic figure, promising cessation of earthly tyranny and the oppression of sin.



It is a misuse of strength. Strength is given to men that they may be helpful to each other; but the oppressor uses his strength as if he were a tiger or a wolf; as if he were a wrecker who drowns the shipwrecked mariner whom he ought to rescue...



12 But the more they afflicted them, the more they multiplied and the more they **spread** out, so that they were in dread of the sons of Israel.

Ironically, the God-intended instrument for the salvation of both nations (cf. Ge 12:3) became instead, through the hardness of human hearts, the source of crippling fear. EBC Dictionary

While being under oppression does not inherently strengthen a nation, the struggle against it can foster a profound **resilience** that ultimately makes the nation stronger. Oppression itself is destructive, but resistance can forge a powerful national identity, inspire innovation, and lead to greater unity, paving the way for a stronger post-oppression state.



How resistance can foster national strength

The act of resisting and overcoming oppression, rather than the oppression itself, can forge a stronger nation in several ways:

Spurs innovation and ingenuity: To survive and resist, oppressed peoples are often forced to develop ingenious skills and innovative tactics. This "survivance" sharpens resilience and can lead to new, creative methods of resistance.

Creates shared identity and purpose: The collective experience of suffering and resistance can unify diverse groups within a nation, as they rally around a shared vision of self-governance. The American Civil Rights Movement is a powerful example of this.



Encourages nonviolent strategies for change: Research has shown that nonviolent resistance movements are more than twice as likely to succeed as armed struggles.

Empowers the people: The struggle for liberation shifts the nation's mindset from passive acceptance to active self-determination. This struggle empowers citizens by fostering autonomy, responsibility, and confidence in their own abilities to create a better future.



This growth in the face of affliction has consistently been the story of God's people, throughout all ages – the more they are afflicted, the more they grow. As the ancient Christian writer Tertullian said, "The blood of the martyrs is the seed of the Church.". Suffering and persecution are like a great wave that comes upon a ship and looks as if it will destroy it; but the ship catches the wave and just uses it to speed along. David Guzik



Isaiah 27:6 In the days to come Jacob will take root, Israel will blossom and sprout, And they will fill the whole world with fruit.

Isaiah 27:6 Those who are coming are the children of lakob; Israel shall bud and blossom, and the world will be filled with his fruit. NETS

```
Isaiah 52:1 Awake, awake, O Sion!

Put on your strength, O Sion,
and put on your glory,
O lerousalem, the holy city;
the uncircumcised and unclean
shall no longer continue to pass through you.

2 Shake off the dust, and rise up;
```

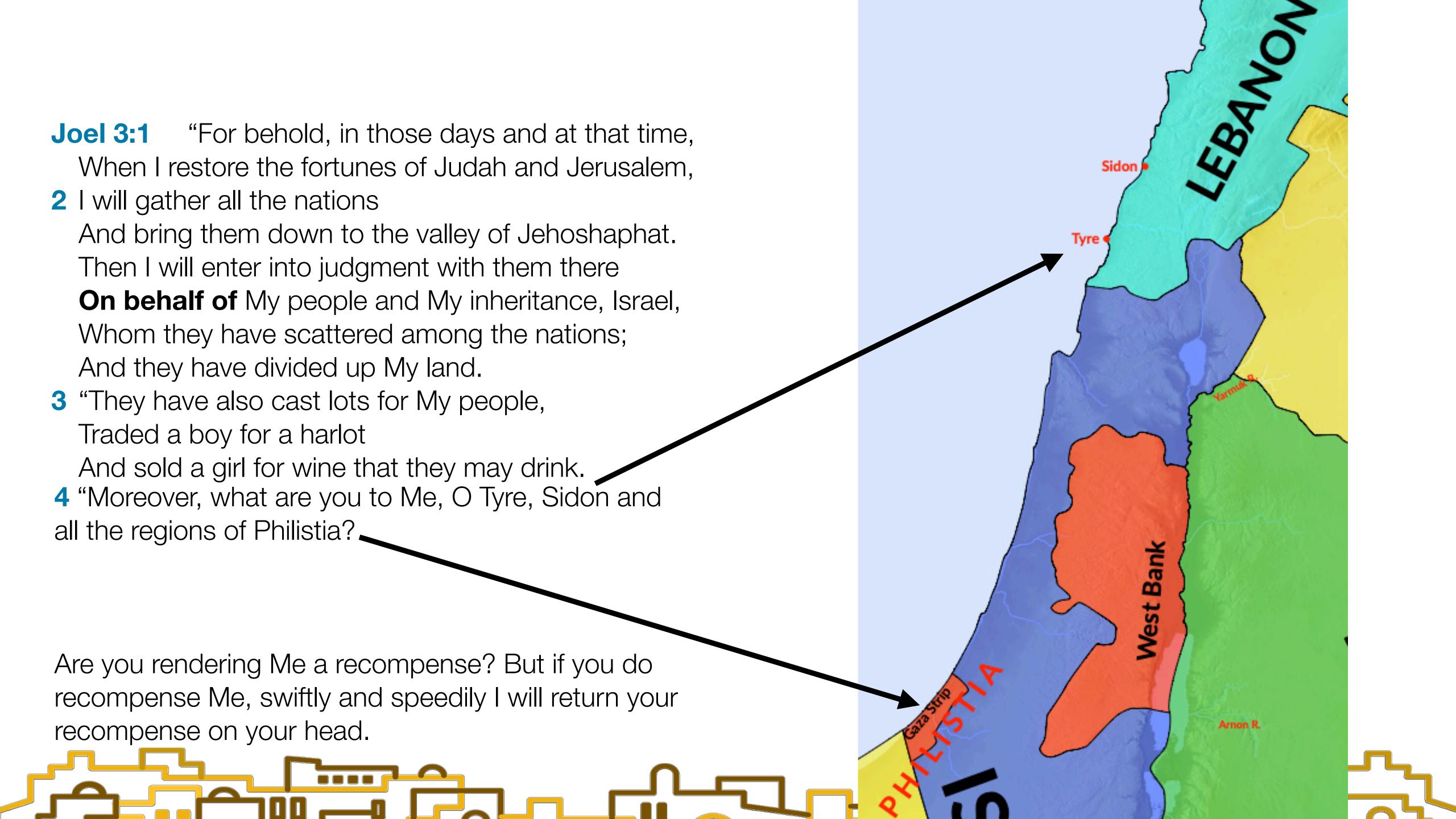
2 Shake off the dust, and rise up; sit down, O lerousalem; take off the bond from your neck, O captive daughter Sion!

**strength** — as thy adornment; answering to "beautiful garments" in the parallel clause. Arouse thyself from dejection and assume confidence.

Isaiah 52:3 Because this is what the Lord says: You were sold for nothing, and not with money you shall be redeemed. 4 Thus says the Lord: Formerly, my people went down into Egypt to sojourn there, and they were led by force to the Assyrians. 5 And now, why are you here? This is what the Lord says, Because my people were taken for nothing, you marvel and howl. This is what the Lord says, Because of you, my name is continually blasphemed among the nations. 6 Therefore my people shall know my name in that day, because I myself am the one who speaks: I am here,

Isa 65:21 And they shall build houses and themselves shall inhabit them, and they shall plant vineyards and themselves shall eat their fruit,

- 22 and they shall not build, and others inhabit; they shall not plant, and others eat, for according to the days of the tree of life shall the days of my people be; they shall make old the works of their labors.
- 23 And my chosen ones shall not labor in vain, nor bear children for a curse, because they are an offspring blessed by God.



Acts 7:17 "But as the time of the promise was approaching which God had assured to Abraham, the people increased and multiplied in Egypt,

Acts 7:19 "It was he who took shrewd advantage of our race and mistreated our fathers so that they would expose their infants and they would not survive.

2686. κατασοφίζομαι; *katasofizomai*: 1 aorist participle *katasofisamenos*; (*sofizō*); deponent middle, in secular authors sometimes also passive; to circumvent by artifice or fraud, conquer by subtle devices; to outwit, overreach; to deal craftily with: *tina*, Acts 7:19 from Exo. 1:10. (Judith 5:11; 10:19; Diodorus, Philo, Josephus, Lucian, others.)\*. Thayer

- 2559. κακόω; *kakoō*, *kakō*: future *kakōsō*; 1 aorist *ekakōsa*; (*kakos*);
- 1. to oppress, afflict, harm, maltreat: *tina*, Acts 7:6,19; 12:1; 18:10; 1 Pet. 3:13 (Exo. 5:22; 23:9 Alexandrian LXX; in Greek writings from Homer down).
- 2. by a usage foreign to the classics, to embitter (Vulgate ad iracundiam concito); render evil affected (Ps. 105:32 (Ps. 106:32); Josephus, Antiquities 16, 1, 2; 7, 3; 8, 6): *tēn psuchēn tinos kata tinos*, against one, Acts 14:2.\*. Thayer

- Psalms 73:25 Whom have I in heaven but You? And besides You, I desire nothing on earth.
- 26 My flesh and my heart may fail, But God is the strength of my heart and my portion forever.
- 27 For, behold, those who are far from You will perish; You have destroyed all those who are unfaithful to You.
- 28 But as for me, the nearness of God is my good; I have made the Lord GOD my refuge, That I may tell of all Your works.

I received something this week that let me know that what God had put on my heart was exactly what He wanted me to Share, A confirmation was given.

In the oppression of others, the oppressors not only oppress those directly under their subjugation. They nullify the essence of all humanity. Only the oppressed can recapture this humanity, and they do it by acting on their yearning for freedom. This yearning is not a romantic feeling or an empty dream, leaving historical realities intact. It is a yearning expressed in struggle against the dehumanization caused by the oppressor. This dehumanization marks those whose humanity has been stolen, just as it marks those who have stolen it. Dehumanization is not our destiny, Freire insists, it is the "result of an unjust order which engenders violence in the oppressors, which in turn dehumanizes the oppressed."

Boesak, Allan Aubrey. Pharaohs on Both Sides of the Blood-Red Waters: Prophetic Critique on Empire: Resistance, Justice, and the Power of the Hopeful Sizwe—A Transatlantic Conversation (p. 162). (Function). Kindle Edition.



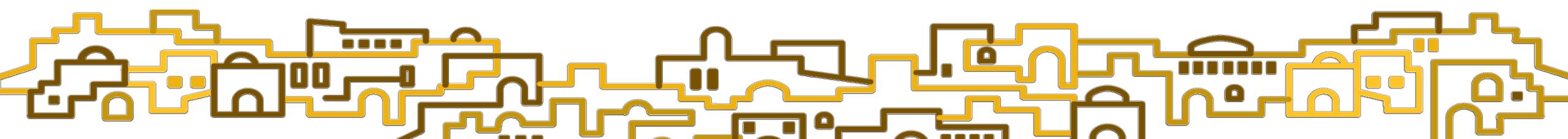
In the book Pharaohs on Both Sides of the Blood-Red Waters, Paulo Freire makes a further point. The oppressors, "who oppress, exploit, and rape by virtue of their power cannot find in this power the strength to liberate either the oppressed or themselves," says Freire. "Only power that springs from the weakness of the oppressed will be sufficiently strong to free both." The power of the oppressor is only the power to destroy, bringing death, despair and poverty.

Boesak, Allan Aubrey. Pharaohs on Both Sides of the Blood-Red Waters: Prophetic Critique on Empire: Resistance, Justice, and the Power of the Hopeful Sizwe—A Transatlantic Conversation (p. 162). (Function). Kindle Edition.

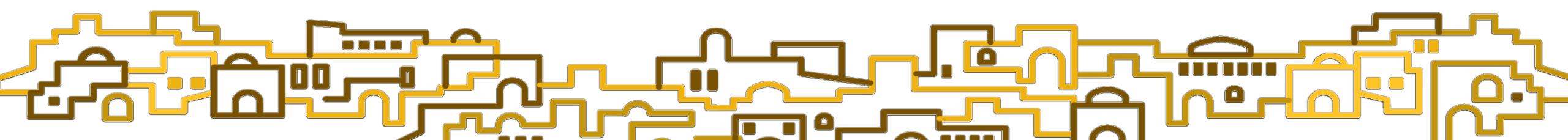


#### The Avinu Prayer

A-vee-noo she-ba-sha-mai-yeem Yeet-ka-desh sheemkha A-vee-noo she-ba-sha-mai-yeem Ve-yeet-ba-rekh mal-khoot-kha Re-tson-kha yee-he-ye a-sui ba-sha-mai-yeem u-va-a-rets Ve-tee-tayn lakh-may-noo te-mee-deet Oo-ma-khol la-noo kha-to-tay-noo Ka-a-sher a-nakh-noo mo-kha-leem La-khot-**teem la**-noo Ve-al te-vee-ay-noo lee-day nees-sa-yon Ve-shom-ray-noo mee-khol rah Ve-shom-ray-noo mee-khol rah Amen ... Amen ... Amen



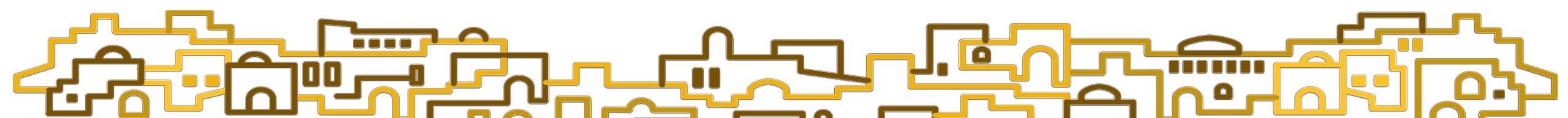
Our Father in Heaven May Your Name be sanctified Our Father in Heaven May Your Kingdom be blessed Your will shall be done in Heaven and on earth Give us our bread continually Forgive us the debt of our sins As we forgive the debt Of those who sin against us Do not bring us into the hands of a test And protect us from all evil And protect us from all evil Amen ... Amen ... Amen



**Num. 6:22** Then YHWH spoke to Moses, saying, <sup>23</sup> "Speak to Aaron and to his sons, saying, 'Thus you shall bless the sons of Israel. You shall say to them:

Num. 6:24 YHWH bless you, and keep you;
YHWH make His face shine on you,
And be gracious to you;
YHWH lift up His countenance on you,
And give you peace.'

**Num. 6:27** "So they shall invoke My name on the sons of Israel, and I *then* will bless them."



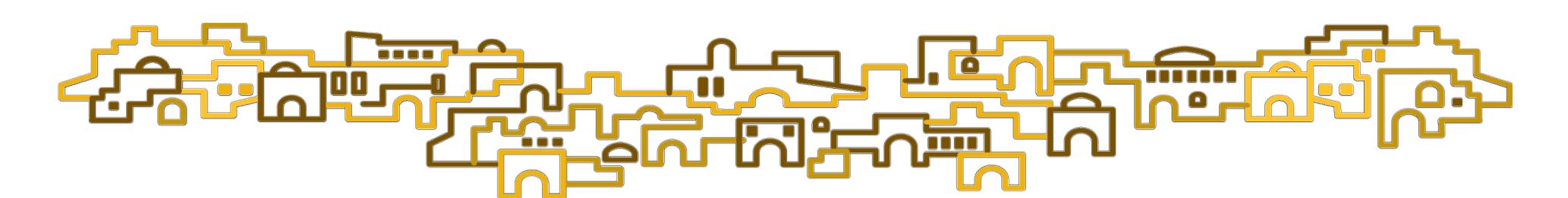
#### The Berakhah HaGafen

Baruch atah, Adonai Eloheinu, Melech Haolam,

borei p'ri hagafen. (Amein).

Blessed are You, Lord, our Elohim, King of the Universe, who creates the fruit of the vine.

(Amein)



#### THE HA MOTZI

Barukh atah Adonai, Eloheinu, melekh ha-olam hamotzi lechem min ha'aretz. (Amein).

Blessed are You, Lord, our Elohim, King of the Universe, who brings forth bread from the earth, And reminds us that Yahushua is

The Word of Elohim and the bread of live. (Amein)

